

The following article was sent to us by the Sundance 500 International folks, as we share an occasional article between us. The article was authored by Tracey Parker from Spain. We did not get the registered name of her horse before going to print, but hope to have that for the next issue. We thought everyone would enjoy reading this.

### **Hey All**

Despite cantering the first two kilometers with his 5th leg (!) very proudly on show, therefore expending most of his energy, and despite breaking his bridle and Francisco coming to the rescue with his shoelace to fix it, and despite loosing his boots 3 times so I eventually took them off (bloody crap screws) Heart completed (with me very proudly on his back) his first 45 kilometer Endurance Race today. The winner finished in 3 hours 7 minutes. We finished in 3 hours 23 minutes. Bloody fine going if I may say so.

I was looking to finish in 3 hours 40 minutes and still be proud of that achievement. The fact that we did it in less having to go completely barefoot for the last 15 kilometers and Heart being a typical excited teenager at his first disco, therefore wasting all his energy on calling at any and everything (it's a stallion thing!) makes it even more notable.

Francisco was also very much the star of the day. The 'crew' had to drive 21 kms to arrive where we would be after only 8 kms for an assistance point (no dismounting but can give horse and you water), then return that 21 kms plus 5 to reach the point for second assistance when we had done 19 kms (confused yet?). Then he had to be back at base for the end of the first phase to help de-tack, cool off and pass the Vet Gate. Then nearly the same all over again for the second phase. All this and he had to draw water from a well at each point in order to be prepared for our arrival. Being Francisco he drew water for everyone - he don't dare complain to me tomorrow when his back is giving him problems.

I have rubbed the inside of one knee raw on I don't know what and extracted two splinters from the same leg that passed through my chaps and jods to get there! My back is screaming at me to take up something more 'genteel', but not on your nelly I say.

The biggest TV channel of Andalucia, CanalSur, filmed the event and did a one-on-one interview with me about my spotty pony and going barefoot. They want to dedicate an entire program to us on their weekly horse slot!

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After the first phase, providing you pass the Vet Gate successfully, you have a 30 minute obligatory rest before you can continue. At this Vet Gate the vet asked that Heart return 10 minutes before we were due to leave for the second phase because his gut sounds weren't 100%. Of course she (the vet) doesn't know my horse like I do and wouldn't believe it when I told her it's hunger you hear! It made me laugh. Sure enough, after 20 minutes of chomping hay and eating/drinking very watery sugar beet with electrolytes his stomach sounds were perfectly fine. Silly woman, but she wasn't to know!

Finally at home, everyone scrubbed up, fed and put to bed, showered and PJ's on (us not the horses), pooped beyond belief. Francisco now making bacon and fried egg banjos. What a star!



Many thanks to the Sundance 500 International folks for making this article available to us! http://sundance500.homestead.com/

### From Lori Colley:

Back in May I called Marian Alton about painting a picture for Larry as a surprise Fathers Day gift. We discussed it and decided to do a funny horse head saying. When it arrived, I was surprised that she went ahead and made one for me as well. It was so unexpected!

### Thank You, Marian Alton!

Larry and Lori Colley

# ApHC Director's Report

Dear Appaloosa friends,

One of the promises I made during the ApHC Board of Directors election was to keep everybody up to date on the decisions and positions of the ApHC.

On July 3-5, the ApHC BOD met during the National Championship at Jackson, MS. The highlights of this meeting were:

- 1. Novice Non-Pro Program The program will become Novice by class on January 1, 2010. Essentially, this means if you have less than 15 points in any Non-Pro class (all divisions of Non-Pro combined), you will be eligible to show in the novice division in that specific class.
- 2. ApHC Stallion Service Sale held during the World Championship Show Oct. 23-31. The sale is now open to AQHA stallions with the same proviso as the Appaloosa stallions (must have won a Medallion/World/National/AQHA Congress or have sired a winner of the above). Members may bid on the stallions via internet during the World Show. If you have a stallion that you would like to offer, please call me at 405-590-1147 asap.
- 3. A revised contract was offered to Steve Taylor, ApHC CEO.
- 4. A proposal to allow youth to show up to 2 horses in individual run events was passed and will be up for a 2nd vote in March with the expected start date to be Jan. 1, 2011.
- 5. There continues to be international expansion of the Appaloosa horses. The ApHC has received applications from Panama and the Gulf States (Dubai) for international affliates.
- 6. A number of advertising opportunities are being made available: ApHC website banner ads (continuously rotating advertising banner on the ApHC home page), Jumbotron at the World Show with continuously running advertising and advertising space in the World Sale Program. Please contact me for more information on any of these advertising opportunities.
- 7. A number of rules changes will be going into effect on January 1, 2010. All changes will be in bold print in the 2010 rule book. These changes affect English classes, 2 year old Western Pleasure, 2 year old Hunter Under Saddle, Hunter In Hand, Longeline, Working Cowhorse and Western Riding.
- 8. The "Innocent Third Party" rule which deals with horses that have incorrect parentage via DNA parentage verification. This rule is somewhat involved, but I would be happy to explain it.

In response to the AQHA allowing excessive white marked horses (including Appaloosa coat pattern) to be AQHA registered, the BOD has voted to allow on a CASE-BY-CASE basis DNA parentage verified AQHA horses to be eligible for ApHC registration. This is a petition to the ApHC registrar. The AQHA parentage verified horses with appaloosa characteristics will be eligible for use as breeding stock without ApHC registration.

I would like to extend the invitation to EVERY Appaloosa enthusiast, ApHC member or not, to call or email me with your views and constructive comments.

Sharon Marshall, DVM Territory IV Zone B Director 405-590-1147 (cell) appydoc@hotmail.com





# Grilled Beef Tenderloin Skewers With Red-Miso Glaze

### Serves 4

1/4 cup(s) plus 2 tablespoons vegetable oil
1/4 cup(s) low sodium soy
1 teaspoon(s) Asian sesame oil
1 pinch(s)

4 cloves(s) garlic, thinly sliced 2 tablespoon(s) red miso paste 1 pinch(s) sugar 1 1/4 pounds(s) beef tenderloin, sliced 1/4 inch thick

### **DIRECTIONS:**

- Preheat a grill. In a saucepan, heat the vegetable oil. Add the garlic and cook over low heat until crisp, stirring, about 3 minutes. Using a slotted sponn, transfer the garlic to a blender; reserve the garlic oil for another use. Add the soy sauce, miso, sesame oil, sugar, and salt to the blender and puree.
- 2. Thread the meat and skewers. Lightly brush the meat with some of the miso glaze. Grill over high heat for 1 minute. Brush with the miso glaze a second time and grill, turning, until charred, about 2 minutes; serve.

### Balsamic Glazed Vegetables

Zucchini and yellow squash tossed with red and yellow bell peppers, red onion, olive oil and garlic. Seasoned with salt and fresh ground pepper and smothered in a sauce of vinegar, brown sugar, and soy sauce.

1 red bell pepper, cut into 1 inch strips 1 yellow bell pepper, cut into 1 inch strips

1 medium zucchini, sliced diagonally 1/4 inch thick

1 medium yellow squash, sliced

1 medium red onion, cut into 8 wedges

1 tablespoon olive oil

1 tablespoon soy sauce
2 tablespoon(s) brown sugar
1/2 cup Balsamic vinegar
1/4 teaspoon ground pepper
1 teaspoon salt
1 clove garlic, minced

### DIRECTIONS

- 1. Preheat grill to medium heat.
- 2. Add red bell pepper, yellow bell pepper, zucchini, yellow squash, red onion, olive oil, garlic, salt, and ground pepper to large bowl. Toss to combine.
- 3. Place vegetables on oiled grill rack. Grill 10 minutes, turning once.
- 4. In a small saucepan, bring vinegar, sugar, and soy sauce to a boil.
- 5. Reduce heat to low, simmer 5 minutes or until mixture thickens.
- 6. Pour sauce over vegetables.



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# "Sullivan Sweeps Horse Show Honors" Coweta American - June 10, 2009



~ Used with permission ~



When it comes to riding on horseback, one of the best in the business is Kaylee Sullivan of Coweta.

Sullivan, 17, participated in the 2009 Northwest District 4-H Horse Show held May 9 at the Claremore expo Center in Claremore. She won a host of awards in all seven events and qualified for the State 4-H Horse Show planned for June 18—20 in Shawnee

She will compete in Halter (Mares 5 years and under), Showmanship (ages 15—19), English/Hunter Under Saddle, English/Hunt Seat Equitation, Trail, Western Pleasure/Horsemanship and Reining.

At the district level it was Sullivan's first time to compete in the English events.

Sullivan has participated in the 4-H program for nine years. She rides a 4 year old Appaloosa named Silky.

She trained her own horse up until two months ago when horse trainer Shari Goff began helping her prepare for the district competition.

That training paid off and the Coweta teen is looking forward to even more success at the state level.

Sullivan will be a senior this fall at Coweta High School where she is a member of the National Honor Society and participates in both band and color guard.

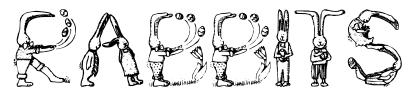
The award winning rider is the daughter of Faron and Sandy Sullivan and the granddaughter of Bob and Lavern Cole of Coweta and Duane and Debbie Sullivan of Mounds.



Thanks to Christy Wheeland, Coweta American News Editor, for permission to reprint this article.

Check out this publication, online, at www.CowetaAmerican.com







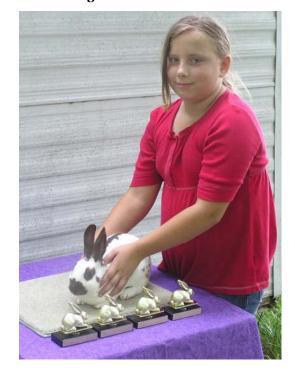


# Spotted Rabbits Bring Home Hardware

Submitted by Dedra Tiger

This picture of Katelynn Sokolowski and her Lilac doe (left), VK'S FV8 (Lovey), shows the bond between a girl and her prize winning rabbit. On May 23, 2009, Katie and her grandma, Dedra Tiger, took 4 rabbits to the Muskogee 4-H Rabbit Club's double show in Muskogee, OK. Because Lilacs and English Spots are rare in NE Oklahoma, Katie competed with her rabbits in their respective classes. Only one other Lilac doe was in attendance, but Katie didn't let the small class numbers keep her from doing her best at her first show.

Of course, first show disorganization helped Grandma forget the camera. As this was her first show, the rabbits' grooming left something to be desired. But Katie and Grandma learned lots and had a wonderful time, meeting new people from all over this region. The judges and other show staff noticed Katie and her good sportsmanship during the Best of Show classes. Even though Katie's rabbits didn't win, Katie clapped and congratulated the winners. Showing in a Sooner ApHC show gave her skills to handle the competition with grace and resolve. Katelynn came away vowing to make a better run at Best of Show in her next outing.



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As we were packing up to leave, one of the show staff handed Dedra a plastic bag and asked that it be taken to the car. A few minutes later, another mysterious bag appeared with the same instructions. The bags, given by 2 different judges with agreement of show staff, were given to encourage Katie and reward her positive sportsmanship.

After we were in the car and on the way home, Katie was talking about her performance at the next show and how we learned new methods to make our rabbits more competitive. It was then that Grandma told her about the bags behind the driver's seat. When Katie opened them, they each contained 2 little golden rabbit trophies for Best of Breed (BOB) and Best Opposite Sex (BOS), for a total of 4 little gold rabbits. Katie was truly surprised and thrilled to have some little gold rabbits for our mantle.

Our thanks goes out to Sooner ApHC for helping Katelynn learn how to compete in a first show, have fun meeting new people and exhibit good sportsmanship. We also want to thank the Muskogee 4-H Rabbit Club show staff for being so nice and encouraging at our first show.

We invite everyone to check out <a href="http://www.kss-rabbirty.com">http://www.kss-rabbirty.com</a>, the KSS Rabbitry web site. In addition to individual rabbit pages, there are some interesting articles in the "About Rabbit" section. Grandma was especially interested in the rabbit genetics article. Please feel free to sign the guestbook so Katie will know you visited her site.

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# The Appaloosa Celebration at the

Tulsa State Fairgrounds, will be back again, August 7, 8, 9, 2009! Be watching for updates in future issues of your Sooner ApHC Newsletter!

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\*While a two page spread will be two opposite pages that appear as one large ad in the printed version of the newsletter, our online version in the PDF file format will only show one page at a time. Any effect created by the two page ad in the printed version will not be reproduced accurately in the online version.

If you wish, you can design the ad page yourself, and send us the file in Word or PDF format for inclusion in the newsletter, or you can send all the photo and logo files to us and let us put it together for you.

The Sooner ApHC newsletter is published bi-monthly; January, March, May, July, September & November. Ad copy and payment are due before the first of the publishing months.



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kdjj appaloosas@yahoo.com

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### Sooner Appaloosa Horse Club www.sooner-aphc.com

This issue, as well as past issues, can be found on our website



There's still time to get in on all the summer action by becoming a member of Sooner! We're still one of the best bargains around. Our low membership fees include our fun and informative color newsletter as well as including all your horses in the Sooner Year End Awards Program. Become a member today!



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STALLIONS STANDING (FOR SO	ONER	STALLION SUPER	STAKES PROGRAM):					
REG. NAME:		REG. #:	BREED:					
REG. NAME:		REG. #:	BREED:					
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T	YPE OI	FMEMBERSHIP						
☐ INDIVIDUAL	☐ INDIVIDUAL—\$15 ☐ FAMILY—\$30							
FAMILY YOUTH MEMBERS								
NAME	AGE	DATE OF BIRTH	ApHC #					

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There are special rates for horse clubs, breeding farms and other equine concerns. As Vice President of the Sooner Appaloosa Horse Club and a former small horse breeding farm partner, I truly understand the need for high quality equine marketing on a tight budget.

Dedra Tiger www.thetiger-web.com tiger19511@yahoo.com (918) 284-6144

# Sooner Appaloosa Horse Club 6908 W 93rd Street S

Oktaha. Oklahoma 74450-9203

DEADLINE FOR SUBMISSIONS FOR NEXT ISSUE: September 5th